



Compete Against Hunger DIY Project

Civic Circle Area: Donate

The impact of COVID-19 continues to change our daily lives and routines, but volunteering and civic engagement are just as important as ever. This project can be modified to adhere to social distancing guidelines set by local and national authorities, to do virtually or to do at home and deliver via mail or drop off.

Over 12 million kids in the United States don't know where their next meal will come from - but it doesn't have to be that way! You can help combat hunger by grabbing your friends, making teams and competing to collect the most food to donate to your local food bank.

What You Need:

- Clean grocery bags
- Materials for making flyers (markers, paper, tape, stapler)
- Drop-off points for donations
- Video equipment or cell phone (optional)

Steps:

1. Get together groups of your friends or peers, or coordinate with people in different organized groups in your area to plan and carry out this project (for example, you could ask people in Boys and Girls Clubs, Key Clubs, or Girl Scout Troops to participate).
2. Call food collection groups or food banks near you, and ask them what they need. You can say something like this: "I want to start helping out in some way and am thinking about organizing a canned food drive. What do you need right now?"
3. Use video equipment or a cell phone video camera to make a short PSA video describing your project and the reasons behind it. Post the video on social media to urge people to get involved.
4. Make flyers for your project. Be sure to let everyone know:
 1. Who you are and what your project is;
 2. What types of food you are collecting;
 3. Who will receive the food (i.e., the food bank, or soup kitchen);
 4. When and where will the food be picked up.
5. Tape or staple a flyer to each bag.
6. Each group distributes the bags to receive donations. For example, dropping off bags at neighbors' doors, handing them out to families at your church, or working with your Scout Troop to hand them out to families. Be sure to get permission and maintain safe distancing.
7. Groups pick up their filled bags.
8. Count the bags that each group collects and announce the winner through social media, or make a short video highlighting their efforts and post it on YouTube.
9. Bring the bags to the collection group or food bank.



Reflection Questions:

- How does it feel knowing that you helped put food on someone's table?
- Do you think you made a difference in someone else's life? How?
- How could you have made this project even better?